Editor-in-Chief	v
Section Editors	vii
How to Use the Encyclopedia	xi
Foreword	xiii

# A

Acceptance and Commitment Therapy for Depression and Anxiety AJ Annunziata, JD Green, and BP Marx	1
Adolescence FM Sessa	11
Adult Lifespan Development and Optimal Mental Health CA Hoppmann and D Gerstorf	20
Adult Victims of Intimate Partner Violence: Mental Health Implications and Interventions CE Jordan	23
Age and Emotion ST Charles and KA Leger	29
Aggression AJ Benjamin Jr.	33
Alcohol Use Disorders KJ Sher and MR Lee	40
Alexithymia MG Haviland	47
Altruism EL Stocks and DA Lishner	54
Alzheimer's Disease: An Overview TE Dunne	58
Anger, Hostility, and Anger Management EC Fabiansson and TF Denson	64
Animal-Assisted Interventions: Entering a Crossroads of Explaining an Instinctive Bond under the Scrutiny of Scientific Inquiry AH Fine and TK Mackintosh	68
Anxiety, Panic, and Phobias GA Wilson, KL Krause, and MM Antony	74
Aphasia, Alexia, and Agraphia MH Purdy	81
Applied Behavioral Economics and Mental Health JF Gaski	91
Associations between Parenting and Mental Health TJ Schofield, ME Holst, and SK Murphy	98
Attachment T Shahar-Maharik and D Oppenheim	105
Attention-Deficit/Hyperactivity Disorder M Miller and SP Hinshaw	116
Autism Spectrum Disorder JC McPartland, K Law, and G Dawson	124
Awe and the Natural Environment JW Zhang and D Keltner	131
В	

Behavioral Addiction	HJ Shaffer and PM Shaffer	135
Behavioral Economics	NS Grewal, JA Sparks, J Reiter, and E Moses	143
	e Delivery, Managed Care, and Accountable Care	
Organizations BL H	<i>3obbitt and E Rockswold</i>	150

Behavioral Medicine JM Smyth and MJ Zawadzki	156
Bereavement and Grief RA Neimeyer and D Harris	163
Biofeedback and Neurofeedback TG Browne	170
Bipolar Disorder AS Young and MA Fristad	178
Body Dysmorphic Disorder CM Elliott and S Wilhelm	183
Body Image and Mental Health MM Gillen and CN Markey	187
Body Rhythms/Biological Clocks TT Postolache and UK Raheja	193
Borderline Personality Disorder JM Hooley and SR Masland	204
'Brainwashing' and Mental Health JT Richardson	210
Bullying J Juvonen, G Espinoza, and HL Schacter	216
Burnout C Maslach and MP Leiter	222
C	
Cancer and Mental Health JF Wiley and AL Stanton	228
Caregiving SH Zarit, EE Femia, and CJ Whitlatch	233
Charisma RE Riggio	239
Child and Adolescent Psychotherapy AE Kazdin	245

Child and Adolescent Psychotherapy AE Kazain	245
Childhood Disintegrative Disorder A Westphal and E Le Maistre	254
Childhood Stress KE Grant, SD McMahon, JS Carter, E Adam, SN Duffy, and JJ Taylor	257
Child Maltreatment A Gonzalez and C Wekerle	266
Children and Adolescents: Television, Computers, and Media Viewing <i>E Wartella, AR Lauricella, DP Cingel, and S Connell</i>	272
Chronic Fatigue Syndrome: A Biopsychosocial Perspective SK Johnson	279
Chronic Illness and Mental Health TA Revenson and MA Hoyt	284
Clinical Assessment JF Carlson	293
Cognitive-Behavioral Psychotherapy RE German and RJ DeRubeis	297
Cognitive Behavioral Therapy for Substance Use Disorders DJ Rohsenow	307
Cognitive Development M Gauvain and R Richert	317
Communication Disorders LS DeThorne, JA Hengst, and M-B Hamilton	324
Conduct Disorders PJ Frick and LC Thornton	330
Conjoint Therapy for Individual Psychopathology AC Wagner, MSH Landy, A Macdonald, and CM Monson	335
Constructive Management and Resolution of Conflict N Ensari, S Camden-Anders, and A Schlaerth	340
Coping EA Skinner and M Zimmer-Gembeck	350
Correctional Mental Health CL Scott	358

Cosmetic Surgical and Minimally Invasive TreatmentsDB Sarwer and JC Spitzer362Couple TherapyKR Stephenson, K Sullivan, and A Christensen368CriminalityJ Stephen Wormith and C Schafers377

Crowding UG Vaid and G	W Evans	388
Cults and Mental Health	RP Dubrow-Marshall and L Dubrow-Marshall	393
Culture and Mental Health	RAR Gurung and D Radosevich	402
Custody (Child) JW Gould	1	407

#### D

Death and Dying DE Balk	1
Decision-Making and Cognitive Biases J Ehrlinger, WO Readinger, and B Kim	5
Defense Mechanisms P Cramer and JH Porcerelli	13
Demography of Mental Health WG Axinn, KM Scott, and SA Chardoul	18
Depression R Ingram	26
Diagnosis and Classification SO Lilienfeld, SF Smith, and AL Watts	34
Dialectical Behavior Therapy SL Rizvi and MC Thomas	41
Dieting CN Markey and MM Gillen	46
Disability and Mental Health CD Williams and A Kidder	51
Disorders of Impulse Control DW Woods, DC Houghton, and I Snorrason	61
Disorders of Negative Affect T Chou, AM Golik, M DeSerisy, and JS Comer	69
Dissociative Disorders SJ Lynn, H Merckelbach, SO Lilienfeld, LP Condon, D van Heugten-van der	
Kloet, and T Giesbrecht	75
Divorce and Parental Separation BN Rudd, A Holtzworth-Munroe, and FS Rossi	79
Dreaming D Kahn	88

## Ε

Eating Disorders AB Goldschmidt, EE Fitzsimmons-Craft, and D Le Grange	93
Elder Abuse R Acierno and JL Williams	97
Electroconvulsive Therapy and Neurosurgery JA Camprodon, DD Dougherty, SJ Seiner, and SL Rauch	101
Emotional Intelligence C Cherniss, C Roche, and B Barbarasch	101
Empathy MH Davis	116
Employee Assistance Programs JS Mio	124
Enuresis and Encopresis DL Donaldson	128
Ethical Issues and Professional Standards in Psychotherapy KS Kitchener	132
Ethics of Mental Health Research WM Grove	143
Ethnic Minority Mental Health Strengths in the United States L Kohn-Wood, S Pollard, R Becker Herbst, and DK Birichi	149
Evidence-Based Practice SB Messer	161
Evolution and Mental Health M Brüne	170
Exercise, Physical Activity, and Mental Health ML Kern	175
Exposure Therapy M Treanor and MG Craske	181
Exposure Therapy for Anxiety Disorders SA Steinman, BM Wootton, and DF Tolin	186
Exposure Therapy for Posttraumatic Stress Disorder JII Wortmann, JL Larson, RE Lubin, AH Jordan, and BT Litz	192

Expressive Therapies: Music, Art, and Sandplay S Loue	196
Expressive Writing D Arigo and JM Smyth	204
Extended Family and Mental Health KL Fingerman	211
Eye Movement Desensitization and Reprocessing Treatment for Posttraumatic Stress Disorder C Sage, A Hale, and CR Spates	217
F	
Factitious Disorder, Munchausen Syndrome, Munchausen by Proxy, and Malingering JC Hamilton, MD Feldman, and IM Sherwood	226
Family Therapy V Thomas and JB Priest	235
Feminist Psychotherapy CZ Enns	240
Food, Nutrition, and Mental Health J Worobey	245
Forensic Psychology and Psychiatry D DeMatteo and S Filone	249
The Science of Forgiveness: Examining the Influence of Forgiveness on Mental Health D Brannan, A Davis, and R Biswas-Diener	253
Foster Care S James	257
<b>G</b> Gender Differences and Similarities in Mental Health A Mezulis and K Harding	262
Genius and Creativity DK Simonton	262
Gratitude S Katherine Nelson and S Lyubomirsky	209
Group Psychotherapy LA Moffett and N Kharrazi	281
	201
Н	
Happiness and Subjective Well-Being PW Griffin and PM Ward	285
Hardiness Enhances Effectiveness and Fulfillment SR Maddi	294
Health Beliefs and Patient Adherence to Treatment TA Miller and MR DiMatteo	298
(Healthy) Human Sexuality PR Abramson	301
Heritability and Differential Susceptibility (to Mental Disorders) BL Bannon, C Zavala, BN Horwitz, and CA Reynolds	305
Heroism and Mental Health ST Allison and A Cairo	315
Hoarding G Steketee and AA Kelley	319
Homelessness and Mental Health: A Research Perspective PA Toro and HH Reid	325
Hope DB Feldman and J Bach	332
Humanistic Psychotherapy S Rubin and C Humphreys	337
Human Psychoneuroimmunology IA Boggero and SC Segerstrom	343
Humor and Mental Health RA Martin	350
Hypertension KT Larkin and C Cavanagh	354
Hypnosis JF Kihlstrom	361

#### I

Infertility S Gameiro	375
Integrative Medicine in Mental Health JD Duffy, L Cohen, and A Chaoul	384
Integrative Psychotherapy JC Norcross	390
Intellectual Disability R Luckasson	395
Intelligence and Mental Health M Zeidner and G Matthews	400
Intimate Partner Violence G Anne Bogat, AA Levendosky, and AM Garcia	411
Intrinsic Motivation and Goals AE Gottfried	417
Irritable Bowel Syndrome and Abdominal Pain in Childhood S Bujoreanu, P Ibeziako, and JV Campo	423
J	

Jungian and Adlerian Therapy BJ Carducci

428

# **CONTENTS OF VOLUME 3**

### L

Leadership RE Riggio	1
Learning Disorders and Dyslexia FJ Duff, C Hulme, and MJ Snowling	5
Learning from the Past to Understand the Origins of Acute and Chronic Pain M Schumacher and M De Pinto	10
Lesbian, Gay, Bisexual, and Transgender Issues B Moradi	12
Love and Intimacy DC de Jong and HT Reis	19
Love and mininacy DC ue jong and TT Kes	25
M	
Major and Mild Neurocognitive Disorders SM Sherman and DM Schnyer	33
Marijuana: Medical Applications, Recreational Use and Substance Abuse Disorders PG Bourne	39
Marriage, Romantic Relationships, and Health KJ August, CS Kelly, and CN Markey	46
Medical Regimen Adherence SB Johnson	.5.3
Menopause and Mental Health HM Kravitz	57
Men's Mental Health and Masculinities ES Mankowski and RM Smith	66
Menstruation JC Chrisler and JA Gorman	75
Mental Health and Aging MJ Karel and EA Mulligan	82
Mental Health, Autonomy, and the Law H Dlugacz and C Wimmer	91
Mental Health in Developmental Disabilities KM Janke, G Nathanael Schwarz, and BP Klein-Tasman	99
Mental Health, Medical Illness, and Treatment with a Focus on Depression and Anxiety G Ironson and C Fitch	107
Mental Health Services in Primary Care Settings NB Ruddy and SH McDaniel	119
Mental Institutions: Legal Issues and Commitments LE Weinberger and E Markowitz	123
Midlife and Mental Health D Carr and T Pudrovska	133
Military Mental Health and Combat Deployments CA Castro and AM Hassan	137
Mindfulness J Brewer	144
Mindfulness Approaches to Psychological Disorders LPK Morgan, SB Danitz, L Roemer, and	
SM Orsillo	148
Morality and Mental Health D Hart, N Goel, AAJ van Goethem, and MJ Sulik	156
Multicultural Therapy L Comas-Diaz	163
Multiple Sclerosis and Other Demyelinating Disorders PA Arnett and M Cadden	169
Myth of Mental Illness T Szasz	175
Ν	

Narcissistic Personality Disorder	E Ronning	stam	182
Neuroinflammation in Psychopathe	logy B.	E Leonard	187

vi	Contents	of	Volume	3
----	----------	----	--------	---

Neuropeptides in Mental Health: CRF, AVP, and OXT EAD Hammock	193
Neuropsychological Assessment RPC Kessels and MPH Hendriks	197
Nonparental Child Care (Daycare) N Shpancer	202
Nonverbal Communication U Hess	208
O Chasity AV Venture	210
Obesity AK Ventura	219 227
Obsessive-Compulsive Disorder BM Wootton and DF Tolin	232
Optimism, Motivation, and Mental Health L Solberg Nes and SC Segerstrom	232
P	
Paranoia PH Blaney	237
Parkinson's Disease JG Goldman and S Holden	242
Peace and Reconciliation D Bar-Tal and S Vered	249
Personality and Personality Development WL Dunlop	258
Personality Assessment EMA Wheeler and RP Archer	267
Personality Disorders TA Widiger and WL Gore	270
Play Therapy SC Bratton and EC Dafoe	278
Positive Illusions BJ Fowers and S Lang	284
Positive Psychology C Vázquez and C Chaves	290
Postpartum Adjustment and Maladjustment VE Whiffen	300
Posttraumatic Growth RG Tedeschi and LG Calhoun	305
Posttraumatic Stress Disorder TL Messman-Moore and NK Cook	308
Poverty and Mental Health KM Purtell and ET Gershoff	313
Pregnancy and Prenatal Stress M Lobel and C Dunkel Schetter	318
Procrastination FM Sirois and TA Pychyl	330
Psychoanalysis JD Safran and E Gardner-Schuster	339
Psychodynamic Psychotherapy DK Freedheim, JM DiFilippo, and S Klostermann	348
Psychological Testing S Urbina	357
Psychopathy CS Neumann, K Weber, and H Lasslett	365
Psychophysiology of Mental Health BF O'Donnell and WP Hetrick	372
Psychotherapy MJT Vasquez and JD Johnson	377
Psychotherapy Effectiveness G Andersson and P Cuijpers	383
Pubertal Timing and Its Developmental Significance for Mental Health and Adjustment H Stattin and T Skoog	386

# **CONTENTS OF VOLUME 4**

## R

Racism and Mental Health CB Murray	1
Rape and Sexual Assault LM Williams and S Walfield	13
Religion, Spirituality, and Mental Health DII Rosmarin, DA Alper, and KI Pargament	23
Resilience CT Rivers, AJ Zautra, and MC Davis	28
Responses to Natural Disasters DR Garfin and RC Silver	35
Retirement P Moen and J Lam	47
Risk of Malpractice in Psychology JN Younggren, E Harris, and JN Martin	51

### S

Schizophrenia JL Padmanabhan and MS Keshavan	55
Self-Disclosure B Rimé	66
Self-Efficacy EL Usher and T Urdan	75
Self-Esteem EG Hepper	80
Self-Fulfilling Prophecies AA Stukas and M Snyder	92
Self-Healing Personalities HS Friedman, KA Duggan, and D Heilmayr	101
Self-Help and Mutual-Aid Groups for People with Mental Health, Addiction, and Other Behavioral Health Conditions TJ Powell and LF Kurtz	107
Self-Injury (Non-Suicidal) JJ Muehlenkamp and B Cauley	115
Self-Regulation MM McClelland, SB Wanless, and KW Lewis	120
Separation Anxiety MI Krajniak, K Anderson, and AR Eisen	128
Sexual Dysfunction: Assessment and Therapy JP Wincze	133
Sexual Dysfunctions RL Shepardson and MP Carey	140
Shame and Guilt N Turan and TR Cohen	144
Shyness BJ Carducci	147
Siblings SD Whiteman, U Senguttuvan, and ZS Gold	152
Singles and Mental Health B DePaulo	158
Sleep Disorders RR Bootzin, SC Dawson, and MR Kelly	166
Social Contagion MH Schafer	171
Social Isolation and Loneliness J de Jong Gierveld and TG van Tilburg	175
Social Media, Societal Changes, and Mental Health: You Can Live Online Wholesale CI Ferguson	179
Social Neuropeptides and Behavior WT Piper and SR Saturn	184
Social Support and Mental Health BN Uchino, K Bowen, and R Kent	189
Socioeconomic Status RII Bradley	196
Somatic Symptom Disorder M Witthöft and F Jasper	211
Sport and Mental Health P Chelladurai and M Anderson	215

#### vi Contents of Volume 4

Standards for Psychotherapy RM Dawes	219
Stereotyping L Rosenthal and N Overstreet	
The Stigma of Mental Illness PW Corrigan and AB Bink	230
Stress LA Yancura	235
Stress-Related Growth X Bi, J Proulx, and CM Aldwin	244
Substance Abuse: Drugs SE Lukas	249
Suicide CA Deming, JJ Glenn, and MK Nock	263
Survivors of Mass Shooting Incidents: The Response of Mental Health OM Ali and CS North	269
т	
Telecommunications in Mental Health Services LF Campbell	275
Telehealth, Computer-, and Internet-Based Approaches to Treating Depression andAnxietyRE Lubin, AH Jordan, JH Wortmann, JL Larson, and BT Litz	282
Terrorism and Health DR Garfin and E Alison Holman	286
Tic Disorders and Tourette's K Ramanujam and MB Himle	294
Tobacco, Nicotine, Health, and Mental Health S Das and JJ Prochaska	300
Toxins, Pollutants, and Mental Health SE Santiago and KJ Huffman	314
Transference and Countertransference A Cowan, RS Welton, and J Kay	324
Traumatic Brain Injury A Obenaus	329
Treating Prolonged Grief AH Jordan, RE Lubin, JL Larson, JH Wortmann, and BT Litz	341
U	
Unconscious Mental Life JF Kihlstrom	
Unemployment and Mental Health SJ Goldman-Mellor	
V	
Video Games and Mental Health PM Markey	356
Violent Media Effects: Theory and Evidence CL Groves, S Prot, and CA Anderson	
Virtual Reality Exposure Therapy BO Rothbaum, AS Rizzo, DD McDaniel, and MV Zanov	370
W	
Wisdom UM Staudinger and A Law	375
Workplace Deviance R Bennett and S Marasi	
Workplace Health LW Brown and JC Quick	387
Index	395