# **Contents**

1	Historical Concepts of Immune Hemolytic Anemias 1
	THE LESSONS OF HISTORY 1
	EARLIEST DESCRIPTIONS OF POSSIBLE ACQUIRED HEMOLYTIC ANEMIA 2
	EARLY EXPERIMENTAL INVESTIGATION OF BLOOD 2
	RED BLOOD CELL AGGLUTINATION 4
	FIRST DESCRIPTION OF HEMOLYTIC ANEMIA 5
	THE DISTINCTION BETWEEN CONGENITAL AND ACQUIRED HEMOLYTIC ANEMIAS 5
	DESCRIPTION OF SPHEROCYTES AND ANALYSIS OF THEIR SIGNIFICANCE 7
	OSMOTIC FRAGILITY OF RED BLOOD CELLS 8
	RETICULOCYTES 9
	THE CONCEPTS OF IMMUNE HEMOLYSIS AND HORROR AUTOTOXICUS 10
	THE FIRST DESCRIPTION OF AN AUTOIMMUNE HEMOLYTIC ANEMIA 11
	EARLY DIAGNOSTIC TESTS FOR PAROXYSMAL COLD HEMOGLOBINURIA 12
	THE DONATH-LANDSTEINER DISCOVERY, 1904: THE FIRST DESCRIPTION OF AN
	AUTOANTIBODY AND OF AN AUTOIMMUNE HUMAN DISEASE 12
	FURTHER STUDIES ON THE MECHANISMS OF HEMOLYTIC ANEMIA AND OBSERVATIONS ON THE DISTINCTION BETWEEN CONGENITAL AND
	ACQUIRED FORMS 13
	THE ROLE OF THE SPLEEN AND THE EFFECT OF SPLENECTOMY 14
	FURTHER CHARACTERIZATION OF HEMOLYTIC ANEMIAS 15
	MEASUREMENTS OF RED BLOOD CELL SURVIVAL 17
	THE ANTIGLOBULIN (COOMBS') TEST 20
	THE CONCEPT OF AUTOIMMUNE HEMOLYTIC ANEMIA 23
	RADIOACTIVE CHROMIUM ( <sup>51</sup> CR) AND DF <sup>32</sup> P 24
	COLD AGGLUTININ SYNDROME 24
	MORE RECENT EVENTS 26
	HISTORICAL NOTES REGARDING HEMOLYTIC TRANSFUSION REACTIONS 26
	FIRST RECORDS OF TRANSFUSIONS 26
	THE FIRST RECORD OF HEMOLYTIC TRANSFUSION REACTIONS 26
	NATIONAL AND INTERNATIONAL CONTROVERSY 28
	The Diaments of Henry Lie A
2	The Diagnosis of Hemolytic Anemia 33

Hemolysis/33
Compensated Hemolytic Disease/33
Anemia with a Hemolytic Component/33
Hemolytic Anemia/33
Acquired Hemolytic Anemia/33

33

**DEFINITIONS** 

Hereditary Hemolytic Anemias/34

Congenital Hemolytic Anemias/34

Intravascular Hemolysis/34
Extravascular Hemolysis/34

## DETERMINATION OF THE HEMOLYTIC NATURE OF AN ANEMIA 35

The Blood Count/35

Reticulocytes/36

RBC Morphology/42

Bilirubin/42

Serum Haptoglobin/43

Serum Lactic Dehydrogenase/45

Transfusion Requirement/46

Intravascular Hemolysis/48

Hemopexin and Methemalbumin/49

Hemosiderinuria/49

Other Tests/50

Summary and Comments Concerning the Value of Laboratory Tests to Determine the Presence of Hemolysis/50  $\,$ 

# ESTABLISHING A TENTATIVE DIAGNOSIS OF THE CAUSE OF THE HEMOLYTIC ANEMIA 51

History and Physical Examination/51

The Peripheral Blood Film/53

Intravascular Hemolysis/58

The Direct Antiglobulin Test/58

SPECIFIC CONFIRMATORY TESTS 58

# Classification and Clinical Characteristics of Autoimmune Hemolytic Anemias 61

CLASSIFICATION 61

# CLINICAL CHARACTERISTICS OF AUTOIMMUNE HEMOLYTIC ANEMIAS 62

Warm Antibody AIHA/62

Incidence/62

Age Distribution/63

Sex Distribution/63

Clinical Manifestations/63

Physical Signs / 64

The Blood Picture / 66

Bone Marrow Findings/69

Reticulocytes/69

Prognosis and Survival/70

Recovery from AIHA/71

### Cold Agglutinin Syndrome/71

Incidence/71

Age and Sex Distribution/71

Symptoms and Signs/71

Laboratory Findings/72

Course and Prognosis/73

Management/73

## Paroxysmal Cold Hemoglobinuria/73

Incidence/73

Classification/74

Race, Sex, and Age Distribution/74

Idiopathic and Secondary Types/74

Symptoms and Signs/75

Hematologic Findings/75

Laboratory Diagnosis/76

Chronic Paroxysmal Cold Hemoglobinuria/77

Treatment and Prognosis/78

# Combined Cold and Warm AIHA or "Mixed" AIHA/79

Case Reports/79

Secondary Cold and Warm AIHA/81

Cautions Concerning the Diagnosis of Cold and Warm AlHA/81

Clinical Course/81

Management/81

AIHA Associated with a Negative DAT/82

Secondary Autoimmune Hemolytic Anemias/82

Relative Incidence of Idiopathic and Secondary Types of Warm Antibody AIHA/82

Ovarian Tumors/83

Ulcerative Colitis/84

Lymphoproliferative Disorders/88

Systemic Lupus Erythematosus/94

Collagen Disorders Other Than SLE/96

Thymoma/96

AIHA and Carcinoma/97

AIHA after Vaccination/97

AIHA and Infectious Agents/99

Primary Immunodeficiency Diseases/110

Autoimmune Lymphoproliferative Syndrome/112

Miscellaneous Disorders Reported in Association with AIHA/112

Secondary Cold Agglutinin Syndrome/113

Infectious Diseases/113

Waldenström's Macroglobulinemia/113

Nonhematologic Malignancies and Cold Agglutinin Syndrome/114

### 4 Mechanisms of Immune Hemolysis 133

#### INTRAVASCULAR IMMUNE RED CELL DESTRUCTION 133

Complement Activation / 134

The Classical Pathway of Complement Activation/134

The Alternative Pathway of Complement Activation / 138

The Mannose-Binding Lectin Pathway of Complement Activation / 140

In Vivo Effects of Red Cell-Bound Complement/140

#### EXTRAVASCULAR IMMUNE RED CELL DESTRUCTION 141

Macrophage Receptors/141

Complement Receptors/144

Macrophage Interactions with RBCs Coated with Immunoglobulin and/or Complement/145

#### OTHER POSSIBLE MECHANISMS OF IMMUNE RED CELL DESTRUCTION 158

Possible Role of Cells Other Than Macrophages in Immune Red Cell Destruction/158

Lymphocytes/158

NK Cells/158

Neutrophils/159

Destruction of "Innocent Bystander" Red Cells (Bystander Lysis)/159

Role of Armed Macrophages in Immune Destruction of Red Cells and Platelets/160

In Vivo Agglutination of Red Cells/161

# 5 Differential Diagnosis of Immune Hemolytic Anemias 167 DISTINCTIVE CLINICAL AND ROUTINE LABORATORY FEATURES 167

#### LABORATORY DIAGNOSIS OF IMMUNE HEMOLYTIC ANEMIAS 169

Significance of the DAT in the Differential Diagnosis of Immune Hemolytic Anemias/169

Results Using Polyspecific and Monospecific Antiglobulin Reagents in Patients with AIHAs/170

An Approach to the Characterization of Antibodies in the Serum and Eluates from RBCs of Patients with AIHA/177

Characteristic Serology of WAIHA/178

WAIHA Associated with IgM Autoantibodies/180

Characterization of Antibodies in the Cold Agglutinin Syndrome/182

Development of Criteria to Distinguish Benign Cold Agglutinins from Those Associated with In Vivo Hemolysis/183

Essential Diagnostic Tests for CAS/186

Immunochemistry and Molecular Analysis of Cold Agglutinins Associated with CAS/188 IgG and IgA Cold Autoagglutinins/190 Patients Who Have Warm and Cold Autoantibodies/191 Laboratory Diagnosis of Paroxysmal Cold Hemoglobinuria (PCH)/191 Essential Diagnostic Tests/191 Cautions Regarding the Interpretation of the Donath-Landsteiner Test/193 Performing the Donath-Landsteiner Test in Patients with Hemoglobinemia/194 Comparison of Paroxysmal Cold Hemoglobinuria and the Cold Agglutinin Syndrome/194 Autoantibodies with Unusual Characteristics in Patients Who Have Been Diagnosed as Having PCH/195 6 The Serological Investigation of Autoimmune Hemolytic Anemia 201 THE ANTIGLOBULIN TEST 202 Principles of the Antiglobulin Test/202 Significance of a Positive DAT/203 lgG and Complement on RBCs of DAT-Negative Healthy Individuals/204 Seemingly Healthy Individuals with Positive DATs Due to IgG and/or C3 Sensitization/206 Clinical Significance of Positive DATs in Patients/207 AIHA Associated with a Negative DAT/208 Detecting Small Amounts of RBC-Bound IgG (and IgA and IgM) Using Flow Cytometry/208 Standardization of Anticomplement AGS/211 DAILY QUALITY CONTROL OF AGS/212 Detecting Low-Affinity Autoantibodies with a Cold Low Ionic Strength Saline Wash **DAT/213** Standardization of IgG Subclass Antisera for Use with Sensitized RBCs/213 GENERAL SEROLOGIC INVESTIGATIONS Collection of Blood/214 Determining the Blood Group of DAT-Positive Patients/214 Phenotyping DAT+ RBCs When Spontaneous Agglutination Occurs or When Using Antiglobulin Reactive Antisera/215 SEROLOGIC INVESTIGATIONS TO HELP IN THE DIFFERENTIAL DIAGNOSIS OF AIHA DAT/217 Serum Screen to Determine Serum Antibody(ies) Characteristics/219 Cold Agglutinin Titer/Thermal Amplitude/Ii Specificity/220 TITRATION OF HEMOLYSINS/223 Donath-Landsteiner (DL) Test/223 DETERMINING SPECIFICITY OF AUTOANTIBODIES 224 Determining Specificity of Autoantibodies Associated with Warm Type Autoimmune Hemolytic Anemia/225 Determining Specificity of Autoantibodies Associated with Cold Agglutinin Syndrome 226 Determining Specificity of Autoantibodies Associated with Paroxysmal Cold Hemoglobinuria 227 Specificity of Autoantibodies 231 SPECIFICITIES ASSOCIATED WITH WARM-ANTIBODY TYPE AUTOIMMUNE HEMOLYTIC SPECIFICITIES ASSOCIATED WITH GLYCOPHORINS 234 SPECIFICITIES ASSOCIATED WITH THE KELL SYSTEM SPECIFICITIES ASSOCIATED WITH THE KIDD AND DUFFY SYSTEMS SPECIFICITIES ASSOCIATED WITH ABO AND Hh SYSTEMS MISCELLANEOUS TARGETS FOR 37°C REACTIVE AUTOANTIBODIES "MIMICKING ANTIBODIES" CHANGES IN SPECIFICITY OF AUTOANTIBODIES SPECIFICITIES NOT ASSOCIATED WITH BLOOD GROUP ANTIGENS

SPECIFICITIES ASSOCIATED WITH COLD AGGLUTININ SYNDROME	245
li Blood Group Antigens and Antibodies/246	

"Cold" Autoantibody Specificities Other Than Anti-I and Anti-i/249

MISCELLANEOUS TARGETS FOR COLD AUTOANTIBODIES 251

OPTIMAL REACTIONS WITH STORED OR "OLD" RBCS 253

AUTOANTIBODY SPECIFICITY ASSOCIATED WITH PAROXYSMAL COLD HEMOGLOBINURIA 254

## 8 Drug-Induced Immune Hemolytic Anemia 261

INTRODUCTION 261

THE IMMUNE RESPONSE TO DRUGS 263

The Hapten Hypothesis/265

The Immune Response to Penicillin/266

The Immune Complex Hypothesis/267

RBC Autoantibodies Induced by Drugs/272

Newer Concepts of the Immune Response to Drugs Associated with Cytopenias/275  $\,$ 

Problems with the Unifying Hypothesis/276

# SUGGESTED MECHANISMS OF DRUG-INDUCED HEMOLYTIC ANEMIA AND/OR POSITIVE DIRECT ANTIGLOBULIN TESTS 278

Penicillin-type Mechanism/278

Hemolytic Anemia/282

Nonpenicillin-type Mechanism ("Immune Complex" Mechanism)/279

Drug-Induced Nonimmunologic Adsorption of Protein onto RBCs/279

Nonimmunologic Uptake of Protein by RBCs as a Possible Cause of

SEROLOGIC AND CLINICAL FINDINGS ASSOCIATED WITH DIIHA 283

Drug-Dependent Antibodies/284

Penicillin Antibodies/284

DIIHA Associated with Penicillins Other Than Penicillin G/286

Drug-Dependent Antibodies Other Than "Penicillin Type" ("Immune Complex" Mechanism]/287

Drug-Independent Antibodies/287

Laboratory and Clinical Findings Associated with Methyldopa Administration/288

DIAGNOSIS OF DRUG-INDUCED AIHA 290

**BLOOD TRANSFUSION 291** 

AIHA CAUSED BY DRUGS OTHER THAN METHYLDOPA 291

IMMUNE HEMOLYTIC ANEMIA AND/OR POSITIVE DIRECT ANTIGLOBULIN TESTS
ASSOCIATED WITH THE CEPHALOSPORINS 293

USEFUL SEROLOGICAL METHODS FOR INVESTIGATING DIIHA 303

## 9 Unusual Aspects of Immune Hemolytic Anemias 319

A. Autoimmune Hemolytic Anemia with a Negative Direct Antiglobulin Test (DAT) 319

INCIDENCE OF DAT-NEGATIVE WARM ANTIBODY AIHA 319

RELATIONSHIP OF ANTIBODY CONCENTRATION TO RATE OF HEMOLYSIS 320

SENSITIVITY OF THE DAT 321

MEASUREMENT OF SMALL AMOUNTS OF RBC-BOUND IgG 321

DAT-NEGATIVE AIHA ASSOCIATED WITH LOW-AFFINITY IgG AUTOANTIBODIES 329

DAT-NEGATIVE AIHA ASSOCIATED WITH RBC-BOUND IGA AND IGM 330

SEROLOGICAL AIDS IN DIAGNOSING DAT-NEGATIVE AIHA 332

Could DAT-Negative AIHA Be Due to an Antibody-Independent, Cell-Mediated, Cytotoxicity Mechanism?/334

THERAPY AND COURSE 334

B. Development of RBC Autoantibodies and AIHA Following Transfusion 335DATA FROM ANIMAL EXPERIMENTATION 335

DATA FROM HUMANS 336

AIHA OCCURRING AT A VERY EARLY AGE 343 Management/343 PROGNOSIS 344 D. Autoimmune Hemolytic Anemia during Pregnancy MATERNAL FINDINGS 345 OUTCOME OF PREGNANCIES NEONATAL HEMOLYSIS 347 INFANTS WITHOUT HEMOLYSIS 347 HEMOLYTIC ANEMIA OF PREGNANCY WITH A NEGATIVE DIRECT ANTIGLOBULIN TEST AND FREQUENT RECURRENCES 347 MANAGEMENT 349 E. Familial Autoimmune Hemolytic Anemia 351 F. Cardiac Surgery and Cold Autoantibodies 352 ADVERSE EVENTS 352 IDENTIFICATION OF PATIENTS AT RISK 354 PATIENTS WITH COLD AGGLUTININS WHO DO NOT APPEAR TO BE AT RISK 354 MANAGEMENT 355 G. Differentiating Delayed Hemolytic Transfusion Reactions from Autoimmune Hemolytic Anemia 356 DIAGNOSTIC AIDS 356 Comparison of DAT and IAT/357 Antibody Specificity/357 Additional Approaches/357 H. Bystander Immune Hemolysis 358 THE CONCEPT OF BYSTANDER IMMUNE CYTOLYSIS Definition of Bystander Immune Cytolysis/358 A BRIEF HISTORY OF THE DEVELOPMENT OF THE CONCEPT OF BYSTANDER IMMUNE CYTOLYSIS 358 CLINICAL SETTINGS IN WHICH BYSTANDER IMMUNE CYTOLYSIS MAY OCCUR 359 POSSIBLE MECHANISMS OF BYSTANDER IMMUNE CYTOLYSIS Blood Transfusion in Autoimmune Hemolytic Anemias 375 ASSESSING THE NEED FOR TRANSFUSION IN PATIENTS WITH AUTOIMMUNE HEMOLYTIC ANEMIA 375 Reluctance to Transfuse Patients with AIHA/376 Assessing the Acuteness of Onset and Rapidity of Progression of AIHA/376 THE APPROPRIATE USE OF BLOOD IN VARIOUS CLINICAL SETTINGS IN PATIENTS WITH AIHA 376 THE RISKS OF TRANSFUSION IN PATIENTS WITH AUTOIMMUNE HEMOLYTIC ANEMIA 378 Risks Caused by the Patient's Autoantibody/378 Risks Caused by Alloantibodies/378 Risks Caused by the Increase in RBC Mass as a Result of Transfusion/378 COMPATIBILITY TESTING IIN WARM ANTIBODY AIHA Red Cell Phenotyping and Genotyping/378 Detection of Alloantibodies/379 The Incidence of Alloantibodies in Patients with AIHA Who Require Transfusion/379

RETROSPECTIVE REVIEWS OF MULTIPLY TRANSFUSED PATIENTS

C. Autoimmune Hemolytic Anemia in Infancy and Childhood 341

338 THE SOURCE OF AUTOANTIBODIES FOLLOWING TRANSFUSION

IMMUNOLOGICAL DATA

LABORATORY FINDINGS

10

CLINICAL FINDINGS AND COURSE 341

Methods for Detection of RBC Alloantibodies in Patients with Autoantibodies/379

Autoantibody Specificity/385

"Least Incompatible Units"/386

Autoimmune Hemolytic Anemia Without Serum Autoantibody/387

The Optimal Frequency of Tests for Alloantibodies in a Patient with AIHA

Who Is Transfused Repeatedly/387

The Use of Phenotypically Matched RBCs for Transfusion/388

COMPATIBILITY TESTING IN COLD ANTIBODY AIHAS 389

Cold Agglutinin Syndrome/389

Paroxysmal Cold Hemoglobinuria/391

OPTIMAL VOLUME OF BLOOD TO BE TRANSFUSED 39

IN VIVO COMPATIBILITY TESTING 394

THE USE OF WARM BLOOD FOR PATIENTS WITH COLD AGGLUTININ SYNDROME AND PAROXYSMAL COLD HEMOGLOBINURIA 395

THE USE OF RBC SUBSTITUTES 395

USE OF LEUKOCYTE-REDUCED RBCs 396

USE OF WASHED RBCs 396

AUTOLOGOUS BLOOD TRANSFUSION IN AIHA 396

## 11 Management of Autoimmune Hemolytic Anemias 401

WARM ANTIBODY AUTOIMMUNE HEMOLYTIC ANEMIA 401

Corticosteroid Therapy/401

Initial Management/401

High-Dose Corticosteroid Therapy/402

Subsequent Management/403

Long Term Results/403

Alternate-Day Therapy/404

Mechanisms of Action/404

Adverse Effects of Corticosteroid Therapy/405

Splenectomy/407

Indications/407

Surgical Technique/407

Clinical Response / 408

Durability of Responses Following Splenectomy/409

Mechanisms of Response to Splenectomy/410

Prediction of Responses to Splenectomy/410

Adverse Effects of Splenectomy/411

Splenic Irradiation/416

Immunosuppressive Drugs/416

Danazol/423

Complement Inhibitors/424

Intravenous Immunoglobulin (IVIG)/424

Plasma Exchange / 429

Hematopoietic Stem Cell Transplantation/431

Thymectomy/433

#### COLD AGGLUTININ SYNDROME 433

Avoidance of Cold / 433

Corticosteroid Therapy/435

Immunosuppressive Drugs/436

Plasma Exchange / 439

Splenectomy/439

Intravenous Immunoglobulin (IVIG)/440

Danazol/440

Therapeutic Failures/440

PAROXYSMAL COLD HEMOGLOBINURIA 441

SECONDARY AUTOIMMUNE HEMOLYTIC ANEMIAS 441

Chronic Lymphocytic Leukemia/441

HTRs ASSOCIATED WITH SICKLE CELL DISEASE (SCD) 547

The Sickle Cell Hemolytic Transfusion Reaction Syndrome/547

The Mechanism Underlying Post-transfusion Fall in Hemoglobin to Values

Lower Than the Pretransfusion Values/552

Management of Patients with the Sickle Cell HTR Syndrome  $\!\!/$  555

PATHOPHYSIOLOGY OF HTRs 555

Interrelationships of Mediators of the Inflammatory Response  $\!\!\!/\,556$ 

Disseminated Intravascular Coagulation Associated with HTRs/557

Renal Failure Associated with HTRs/557

Treatment of HTRs/558

VARIATION IN CLINICAL SYMPTOMS ASSOCIATED WITH ABO-INCOMPATIBLE HTRs 558

FATALITIES DUE TO HTRs 559

HEMOLYTIC TRANSFUSION REACTIONS DUE TO ANTIBODIES THAT ARE NOT DETECTABLE BY ROUTINE PROCEDURES 563

HTRS ASSOCIATED WITH PASSIVELY TRANSFUSED ALLOANTIBODIES 566 LABORATORY INVESTIGATION OF HTRs 567

Index 573