

Contents

Maps and Illustrations /	vii
Preface to the First Edition /	xi
Preface to the Second Edition /	xiii

Part 1: First Nations Defined

What Is a First Nation? /	2
Two Kinds of First Nations People /	3
Population, Reserves, Settlements, and Lands /	4
Bands, Ethnic Groups, Tribal Councils, and Other Affiliations /	5
Suggested Reading /	11

Part 2: Archaeology and First Peoples

First Nations and Archaeological Perceptions of the Past /	14
The Nature of Archaeological Research in British Columbia /	15
Early Migrations through British Columbia /	18
Here to Stay /	19
Settling Down /	20
Prominent Sites /	20
Tracing Ancestry /	25
Suggested Reading /	27

Part 3: Ethnology and Traditional Lifeways

Anthropology and Oral Tradition /	30
Traditional Culture Areas of British Columbia /	35
Languages /	38
Population /	40
Settlement Patterns /	40
Diet /	45
Technology /	47

Social Organization /	50
Myths, Spirits, and Shamans /	52
Health and Healing /	55
Art /	56
The Potlatch and Other Important Ceremonies /	58
Trade, Slavery, and Warfare /	59
Suggested Reading /	61

Part 4: First Nations in Recent and Contemporary Times

Population Loss /	64
The Impact of the Fur Trade /	65
The Impact of the Gold Rushes /	67
The Impact of Non-Native Settlement /	68
Missionaries and Residential Schools /	69
First Nations and Wage Labour /	73
Government Relations with First Nations /	74
Assertions of Aboriginal Rights /	84
Negotiations in the 1990s and Early Twenty-First Century /	86
Economic and Cultural Initiatives /	88
Asserting Identity through Art /	89
Outstanding Issues /	90
Suggested Reading /	96

Appendices

1 The First Nations of British Columbia /	98
2 Major Ethnic Groups /	124
3 Excerpts from the Royal Proclamation, 1763 /	130
4 Excerpts from the Laurier Memorial, 1910 /	132
5 Highlights from the Nisga'a Final Agreement, 2000 /	135
6 First Nations Involved in Treaty Negotiations, 2006 /	139

Glossary /	142
Selected Bibliography /	147