

Contents

List of Illustrations ix

Acknowledgments xi

Introduction 1

Problems with Traditional Paradigms of Music Cognition 4

Languaging, Musicking, and Trancing 7

Multiple Senses of Embodiment 8

Chapter-by-Chapter Summary 10

A Historical Interlude: Trance in Europe and the United States 13

1. Rethinking “Trance” 25

Trancing and Culture 25

Trancing and Language 27

Universals of Trance Experience 29

Believability 30

Trancing and the Body 34

Defining Trance 38

2. Deep Listeners 45

Part One: Contemporary Deep Listeners

Primary and Secondary Emotions 49

Musical Emotions 51

High Arousal 52

Deep Listeners and Transcendental Experience 54

Part Two: Ancient Deep Listeners, Rasa Theory

Deep Listening, Trance, and the Srngara Rasa 60

Conclusion: Controlling the Uncontrollable 67

3. Habitus of Listening 69

Emotion as a Cultural Construct 71

Person and Emotion in the Habitus of Listening 73

Being a Griot 74

The Habitus of Listening to the Sitar, Tambura, and Tabla 75

Music and Ecstasy: The Sufis of the Nizamuddin Shrine, New Delhi 77

Music and Rage: Balinese Bebuten Trancing 82

4. Trancing Selves 87

The Development of a Western “Self” 89

Possession Trance in Colonial Virginia 93

Possession Trance among Contemporary Pentecostals 97

Possession Trance in Sulawesi, Indonesia 100

Conclusion 105

5. Being-in-the-World: Culture and Biology	108
Part One: Rethinking Perception	
<i>Edelman and the Theory of Neuronal Group Selection</i>	112
Part Two: Biological Phenomenology	
<i>Structural Coupling</i>	119
<i>Supra-individual Biological Processes</i>	122
<i>Rhythmic Entrainment</i>	127
<i>Conclusion</i>	129
6. Magic through Emotion: Toward a Theory of Trance	
Consciousness	131
<i>Introduction</i>	131
<i>Damasio's Theory of Two-Leveled Consciousness: "Core Consciousness"</i>	
and "Extended Consciousness"	134
1. Core Consciousness	134
2. Extended Consciousness: The Autobiographical Self	139
<i>Music and Core Consciousness: "Becoming the Music"</i>	141
<i>Music and Extended Consciousness in Trancing: The Loss of the</i>	
<i>Autobiographical Self</i>	144
<i>Trancing and Pain</i>	147
Postscript: Trancing, Deep Listening, and Human Evolution	150
Notes	157
Bibliography	167
Index	187