

**All Goodly Sports:  
The Complete Music of Henry VIII (1491–1547)**

- |           |   |             |
|-----------|---|-------------|
| <b>1</b>  | <b>‘Wherto shuld I expresse’</b>  | <b>3:20</b> |
|           | soprano, tenor and bass voices · 2 pipes & tabors   |             |
| <b>2</b>  | <b>Consort XXIII</b>  | <b>0:33</b> |
|           | gothic harp · lute  |             |
| <b>3</b>  | <b>‘Thow that men do call it dotage’</b>  | <b>3:06</b> |
|           | tenor voice · soprano recorder · bagpipes · hurdy-gurdy · sackbut   |             |
| <b>4</b>  | <b>‘Grene growith the holy’</b>   | <b>2:51</b> |
|           | soprano voice · alto and tenor recorders · gothic harp · lute   |             |
| <b>5</b>  | <b>Consort V</b>  | <b>1:11</b> |
|           | 2 treble recorders and bass recorder  |             |
| <b>6</b>  | <b>‘Withowt dyscord’</b>  | <b>1:50</b> |
|           | soprano voice · tenor and bass recorders · tenor and bass viols   |             |
| <b>7</b>  | <b>Consort II</b>   | <b>0:52</b> |
|           | virginals   |             |
| <b>8</b>  | <b>‘Helas madam’</b>  | <b>1:44</b> |
|           | soprano voice · soprano, alto and tenor crumhorns · lute  |             |
| <b>9</b>  | <b>Consort XII</b>  | <b>1:25</b> |
|           | curtal · soprano shawm · sackbut  |             |
| <b>10</b> | <b>‘Alac, alac, what shall I do’</b>  | <b>0:44</b> |
|           | soprano, tenor and bass voices  |             |
| <b>11</b> | <b>Consort XIV</b>  | <b>0:48</b> |
|           | 2 treble recorders and bass recorder  |             |
| <b>12</b> | <b>‘Pastyme with good companye’</b>   | <b>3:33</b> |
|           | soprano, tenor and bass voices · soprano, alto and tenor crumhorns · curtal · hurdy-gurdy · bagpipes · drum |             |

13	<b>'The tyme of youthe'</b> soprano, tenor and bass voices	3:19
14	<b>Consort IV</b> tenor and 2 bass viols	2:24
15	<b>'Departure is my chef payne'</b> soprano and tenor voices · bass recorder · gothic harp · rebec · bass viol	2:12
16	<b>Consort XVI</b> regal	1:06
17	<b>'Lusti yough shuld us ensue'</b> alto, tenor and 2 bass voices · positive organ	4:44
18	<b>En vray amoure</b> curtal · 2 soprano shawms · sackbut	1:07
19	<b>'Whoso that wyll for grace sew'</b> soprano voice · lute	2:14
20	<b>Consort XIII</b> alto recorder · gothic harp · lute · rebec	0:56
21	<b>'Adew madam et ma mastres'</b> soprano voice · tenor viol and 2 bass viols	1:23
22	<b>Tandernaken</b> soprano, alto and tenor recorders	2:09
23	<b>'Alas, what shall I do for love?'</b> soprano voice · tenor viol and 2 bass viols	0:56
24	<b>Consort VIII</b> gittern · gothic harp	0:52
25	<b>'It is to me a ryght gret joy'</b> soprano and tenor voices · regal	1:47

26	<b>Consort XV</b> alto, tenor and bass recorders	1:19
27	<b>'O my hart'</b> soprano, tenor and bass voices · soprano recorder dulcimer · hurdy-gurdy · rebec · drum	2:57
28	<b>'Whoso that wyll all feattes optayne'</b> soprano voice · alto recorder · gothic harp · lute · rebec	2:55
29	<b>Gentil prince de renom</b> soprano, alto and bass crumhorns · curtal	1:00
30	<b>'Though sum saith that yough rulyth me'</b> soprano, alto and tenor voices · gothic harp · rebec	3:04
31	<b>Consort III</b> alto recorder · lute	0:37
32	<b>'If love now reynyd' (version 1)</b> soprano voice · tenor recorder · gothic harp · lute · rebec	2:54
33	<b>If love now reynyd (version 2)</b> gothic harp · lute · rebec	1:13
34	<b>Consort XXII</b> soprano and alto shawms · curtal · sackbut	1:23
		TT 65:58

## Sirinu

with Hugh Wilson tenor

Source: British Library, Additional MS 31.922

The consort numbering is from John Stevens, *Music at the Court of Henry VIII*, Musica Britannica XVIII (London, 1973).