

Part I

1) Tubular Voices (First Encounter)	DUO	4:54
2) Meditative Moments #1 (Andrea Steimer)	DUO	4:42
3) Pilgr image	TRIO	7:32
4) Oasi	DUO	4:56
5) Fly_Amden!	TRIO	5:04

Part II

6) Meditative Moments #2 (Vanja Palmers)	DUO	5:01
7) Bird on a See-Saw	TRIO	8:37
8) Meditative Moments #3 (Waltraud Lösch)	SOLO	1:55
9) Lü	TRIO	3:41
10) Meditative Moments #4 (Angaangaq Angakkorsuaq)	DUO	2:09
11) Siren's Call	TRIO	3:35

Part III

12) Meditative Moments #5 (Sister Theresia Raberger)	SOLO	4:48
13) Thirsty Donkey	DUO	3:33
14) Meditative Moments #6 (Brother David Steindl-Rast)	DUO	4:05
15) The Storyteller	TRIO	7:31
16) Meditative Moments #7 (Christa Trachsler)	DUO	4:07
17) Is it okay to start again?	SOLO	0:08
18) Final Still	DUO	1:17